School of Education

Health & Physical Education

Program Outline

For Students Entering 2016-2017 Academic Year

Name _____ ID# _____ Advisor _____

Course #	Course Title	Hours	Advising Notes
Required Courses:			
HPE 150W	Lifetime Leisure Activities	2	
HPE 151W	Team Games	2	
HPE 152W	Fitness and Physical Activity	2	
HPE 201	Orientation to HPE	1	
HPE 205	First Aid & Safety Education	2	
HPE 207W	Nutrition for Daily Living	3	
HPE 221W	Personal Health	3	
HPE 222W	Community Health	3	
HPE 230	Physical Education Methods for Early Childhood and Elementary School	3	
HPE 232	Physical Education Methods for Middle and High School	3	
HPE 302	Physiology of Exercise	3	
HPE 312W	Substance Abuse/Chemical Dependency	2	
HPE 315	Foundations of Health Education	3	
HPE 318	Teaching Methods in Health Education	3	
HPE 321	Adapted Physical Education	2	
HPE 330	Human Sexuality Education	3	
HPE 347	Historical, Philosophical, and Curricular Foundations of Physical Education	3	
HPE 352	Motor Learning & Developmental Movement	3	
HPE 451	Kinesiology/Biomechanics	3	
BIO 203	Human Anatomy and Physiology I	4	Lab included
BIO 204	Human Anatomy and Physiology II	3	Lab included
Additional Requirements:			
Students will be required to attend one Professional Conference prior to graduation. This conference must be approved by the HPEE Academic Coordinator prior to the schedule conference date.			
EDU 352	Special Methods: Health & Physical Education	3	Only offered in Fall semester