



School of Education
Health & Physical Education
 Program Outline
 For Students Entering 2018-2019 Academic Year

Name _____ ID# _____ Advisor _____

Course #	Course Title	Hours	Advising Notes
Required Courses:			
HPE 150W	Lifetime Leisure Activities	2	
HPE 151W	Team Games	2	
HPE 152W	Fitness and Physical Activity	2	
HPE 201	Orientation to HPE	1	
HPE 205	First Aid & Safety Education	2	
HPE 207W	Nutrition for Daily Living	3	
HPE 221W	Personal Health	3	
HPE 222W	Community Health	3	
HPE 230	Physical Education Methods for Early Childhood and Elementary School	3	
HPE 232	Physical Education Methods for Middle and High School	3	
HPE 302	Physiology of Exercise	3	
HPE 312W	Substance Abuse/Chemical Dependency	2	
HPE 315	Foundations of Health Education	3	
HPE 318	Teaching Methods in Health Education	3	
HPE 321	Adapted Physical Education	2	
HPE 330	Human Sexuality Education	3	
HPE 347	Historical, Philosophical, and Curricular Foundations of Physical Education	3	
HPE 352	Motor Learning & Developmental Movement	3	
HPE 451	Kinesiology/Biomechanics	3	
BIO 203	Human Anatomy and Physiology I	4	Lab included
BIO 204	Human Anatomy and Physiology II	3	Lab included
Additional Requirements:			
<i>Students will be required to attend one Professional Conference prior to graduation. This conference must be approved by the HPEE Academic Coordinator prior to the schedule conference date.</i>			
EDU 352	Special Methods: Health & Physical Education	3	Only offered in Fall semester