

School of Health, Physical Education & Sport Sciences

Baldwin Wallace University



Spring 2019

The HPESS Student Ambassadors (SAs) are junior and senior HPESS majors who serve as academic peer support to HPESS students. SAs meet with students throughout the academic year to share their knowledge about the majors, graduation requirements and campus activities. The SAs also assist with grad plans, provide support and advice on major, minor or core requirements, offer information and assistance with WebReg/Express and encourage involvement in campus organizations.

Each SA is responsible for providing two hours per week. Thus, in addition to the hours held by faculty advisors, the student ambassadors provide many additional hours of assistance per semester.



Jordan Dascani

Year: Junior

Major: Pre-Physical Therapy

Minor: Biology

Hometown: Toledo

After graduation I plan to find a job that I enjoy and save up money for graduate school.

I was interested in becoming a Student Ambassador in HPESS because I enjoy engaging and talking to students

about their goals during and after college. As I have gotten older, I find it harder to come by chance to connect with freshmen in particular, so this has given me an excellent opportunity to get to know some younger students in my school. HPESS has afforded me great opportunities, including faculty/student collaborative research and hands-on clinical experiences. As an Ambassador, I can share these opportunities with other students and help to guide them toward their interests. Also, I love helping students during scheduling and graduation planning to alleviate some of the stress that comes with it.



Kara Marshall

Year: Junior

Major: Pre-Physical Therapy

Minors: Biology / Orthopedic Assessment and Treatment (OAT)

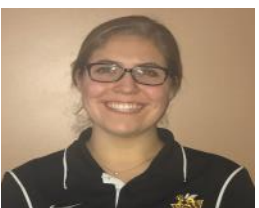
Hometown: Copley, Ohio

After BW, I plan to attend graduate school to study physical therapy.

Scheduling for classes and choosing the right courses for your major can be tricky - especially for first-semester

freshmen. Becoming a Student Ambassador allowed me the opportunity to help resolve any problems or questions that students had. I was also interested in learning about the other majors offered in HPESS so that I could connect with students across all the different areas.

I would advise first year students to take advantage of the many opportunities offered by BW. Whether it is taking unique courses, traveling abroad or joining a new club, stepping out of your comfort zone provides the chance to grow and develop as an individual.



Morgan Hoffman

Year: Senior

Majors: Athletic Training and Pre-Physical Therapy

Minor: Biology

Hometown: Warren, Pennsylvania

After graduation I plan to attend graduate school to get my doctorate in Physical Therapy.

I became interested in being a Student Ambassador for the school of HPESS because I remember feeling very

lost while I was trying to plan my schedule during freshman year. I went to one of the Student Ambassadors for assistance and it was a tremendous help. The ambassador that helped me took time out of her day to make sure my schedule would work for me and gave me advice on what classes I should be taking in order for me to have a successful semester. It really stuck with me knowing how much she cared to make sure my 4-year plan was going to work out and that I was going to be happy with the classes I chose. I became a Student Ambassador so I can do the same for other students and give them guidance to be successful.

HPESS STUDENT AMBASSADORS



Charlvon Gaston

Year: Junior

Major: Sport Management

Minor: Communication Studies

Hometown: Toledo, Ohio

After graduation, I plan to secure a full time position with an athletic program whether it be professional or collegiate or attend law school. I am currently looking and doing research on both opportunities.

My advice to first years would be to take a leap of faith and jump completely out of your comfort zone. BW is an amazing place with a plethora of great opportunities but you will never be able to enjoy them if you are afraid of being uncomfortable. For me, the moment that I no-

ticed this was when I found myself on a plane going to Ireland for study abroad. The experience was second to none and I would definitely do it again based on the changes sparked within me.

I would encourage future Student Ambassadors to be open and serve with patience. Not all, but many of the students that you will be helping are first years' who may not have any idea how things work and some may be too nervous to ask. That being said, you have to be patient, understanding and help guide them. You represent Baldwin Wallace every time you work as an Ambassador and you definitely do not want to give a bad impression about 1) yourself, 2) the university, or 3) all the people who have worked before you in the same role. Take pride in being someone that others look up to for guidance because it is special and an honor.



Mary Kiley

Year: Sophomore

Major: Exercise Science

Minors: Health Coaching and Promotion and Orthopedic Assessment and Treatment

Hometown: Cuyahoga Falls, Ohio

After graduation I plan to pursue my master's degree in Exercise Physiology and apply my education and experience into working with children in the clinical setting.

Since my first class in HPESS I have felt a sense of belonging. The faculty and students provided a welcoming

atmosphere for me as a first-year student, and I believe that I now share responsibility in maintaining the culture that I enjoy at BW for current and future students. The Student Ambassador program is a great opportunity for me to give back to the school that has helped me to feel welcome and provided me with opportunities for personal and professional growth. The advice I would give to first year students would be to find a mentor such as a professor, an older student, or a member of a group or organization who models professionalism and hard work. Developing a relationship with someone you aspire to be like will be beneficial as you continue your education and begin your career.



Rachael Montanari

Year: Junior

Major: Sport Management

Minor: Marketing

Hometown: Kent, OH

After graduation I plan to (hopefully) get an entry-level job at the collegiate-level of the sport industry or get a Graduate Assistant position and earn my MBA

I have had an extraordinary time these past two years being a student ambassador! I love being able to assist students and learn more about them while doing so. The

biggest advice I would give to first-year students is to be brave. The reason I say that is because it takes a lot to step out of your comfort zone in a new environment, surrounded by all new people. However, the braver you are in joining clubs, making friends, getting involved, etc. the better experience you will have! Don't be afraid to talk to someone and especially, never be afraid to ask for help. Whether it be from us as Ambassadors, your professors, or other students – you will not know everything when you get to college so reaching out to others is a great way to become more comfortable in this new environment.

Donating to Baldwin Wallace Development funds? Consider a donation directly to the HPESS Student Development Fund by selecting the Donation Details drop box, selecting "Other" and indicating HPESS Student Development Fund.

