# School of Health, Physical Education & Sport Sciences



**Baldwin Wallace University** 

## The Buzz in HPESS



Dr. Amy Jo Sutterluety Associate Dean

In spring 2014, Professor Karyn Gentile suggested that the School hire student leaders to assist all HPESS student majors with the process and mechanics of registration to serve as a complement to the robust Faculty advising completed in the School. Faculty in HPESS support on average 30 advisees per semester. From this idea, the HPESS Student Ambassadors (SAs) were launched. Since the inception, the (SAs) serve as academic peer support to HPESS students (especially first-year and transfers) who are interested in the majors offered through the School of Health, Physical Education and Sport Sciences. SAs meet with students throughout the academic year to assist students with registration mechanics as well as share their knowledge about the majors, minor,

core or graduation requirements and student support services. Over the course of four academic years there have been a total of 14 SAs who have provided service and over 2,560 hours of service peer supporting the HPESS student majors.

## **HPESS Student Ambassador Spotlights**



## Morgan Hoffman, Junior Athletic Training and Pre-Physical Therapy Double Major, Biology Minor



I enjoy being a Student Ambassador because I like that I can assist other students that have a major similar to mine. I like knowing I can help them feel confident in their abilities to plan out a schedule for themselves and that they feel they are taking classes that are going to be right for them, while fulfilling all of BW's required classes. I know as a First Year student, I felt completely lost about what courses to take and how to plan out my schedule. I went to a Student Ambassador to get assistance and it was a tremendous help to me. From there on out, I felt assured that I could plan my own schedule and make my classes fit in where they needed to be. If I were to meet with Student Ambassadors, I would expect to get guidance from them and have them be

completely honest with me about what classes were difficult and what professors they would recommend taking. Having our own specific HPESS Student Ambassadors really helps because we are all very familiar with the curriculum in this school. Our majors have a lot of overlapping classes so it helps that we can compare schedules and bounce ideas off of each other while helping others plan out their semesters.

## **HPESS Student Ambassador Spotlights**

### Lauryn Lanzer, Senior Athletic Training Major, Biology Minor





I have always enjoyed helping others, especially with respect to helping them accomplish their future aspirations. As an HPESS Student Ambassador, I have been provided with the skills necessary to enhance the academic aspect of a student's time at Baldwin Wallace University, allowing them to find their desired path. Through the use of the course catalog descriptions, as well as conversations initiated with faculty, I have been able to point students in the right direction in determining which field of study may best suit their interests. When I was a freshman, Student Ambassadors were brand new, and I was not aware of all the help they could provide. I feel that this positively influenced me to become a Student Ambassador, as it would have been an extremely helpful tool for me in developing my future semesters leading up to graduation. I have very much enjoyed my time as an HPESS Student Ambassador, and am humbled by the number of students I have been able to interact with, learning about their passions in the world of HPESS. After graduation, I will be attending the University of Kentucky as a full-time Graduate Assistant while obtaining my Master's in Athletic Training.

#### Adam Hoffman, Senior Exercise Science Major



I enjoy helping people and making them feel more confident about the system. Being a student ambassador for the School of HPESS has positively affected me as a student needing help and an ambassador helping other students. As a freshman, I struggled to understand the online grad plan and got locked out of my classes. I went to a student ambassador who helped me register for classes and fix my grad plan. After he helped me, I realized that I wanted to help future freshmen as well with the system so I could give back what that ambassador taught me.

When meeting with a student ambassador, you can expect to get information about future classes in the program and the teachers who are the best fit for each student. You will also get help with anything from grad plans to registering for classes. Each person gets individual attention and help before meeting with their advisor. This helps students better prepare to meet with their advisor and stay on track to graduate.

#### Rachael Montanari, Sophomore Sport Management Major



I have had an extraordinary time this year being a student ambassador! I love being able to assist students with their GradPlans and learn more about them while doing so. This position is a great way to meet other students on campus and form relationships. A lot of those who I have worked with, I see around campus and I always stop to talk with them! Especially since we are all students a part of the School of HPESS it is fun to learn about the other majors and begin conversation. I love the fact that we have Student Ambassadors assisting peers in the school of HPESS. Scheduling for classes can be a very stressful time, especially for freshmen having to come in to a new system, so having resources like the Ambassadors helps take a great deal of that stress away as they (we) work with the students to help plan their classes and times. It is also nice to have students working with students because it provides a more laid-back environment and process versus feeling like you are in a business professional environment when working with a professor. Being a Student Ambassador is great and I love being one. I love serving as a resource for students, getting to meet new people, and learning a little bit about them in the process of doing so! It is definitely a position I am passionate about.

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