Baldwin Wallace
Cheerleading Try-out Packet
2015-2016

Cheerleading Tryouts

Saturday August 29th, 2015
12:00pm

Lou Higgins Center
136 E. Bagley Rd.
Berea, OH 44017
Dear Candidate,

Thank you for your interest in becoming a part of the Baldwin Wallace University Cheerleading Program. During football season our performances include all home football games and we will travel to John Carroll and/or Mount Union if the game is away. **There is always a potential for post-season playoffs so be sure to review the football game schedule in advance.** Upon making the team, you will be required to participate in a workout program, a few fundraisers and a skills camp in preparation for the upcoming season. Throughout football season, you will be **required** to attend 2 weekly practices in the evenings and organized workouts.

Basketball season performances include all men’s basketball games played at home and some women’s basketball games when special events are scheduled (**with the potential for post-season playoffs**). Weekday basketball games take place (mostly) on Wednesday nights. **Do not schedule Wednesday night class during the Spring semester unless you are a graduating senior and that class is required for you to graduate.**

Contact the coach if you have specific questions or concerns regarding practice and game schedules. In addition to regular season responsibilities, the squad will participate in a variety of activities including community service and fundraisers throughout the year. As a member of the Cheerleading Program for BW one must be dedicated, determined and prepared to work to their full potential at ALL times.

**Please complete this try-out packet and submit your completed documents by the Wednesday prior to the scheduled tryout date via email to droth@bw.edu.** You will not be provided the time to do so upon your arrival on the day of tryouts. Do not submit your waiver of liability electronically. This form must have a hand written signature and must be brought with you and turned in upon your arrival. If you are under the age of 18 prior to the tryout date, you must have a legal guardian sign on your behalf to be able to audition for the team. If there is any additional documentation that is needed, you will be notified. I look forward to working with you during try-outs and hopefully the upcoming season. If you have any questions, please feel free to contact Coach Denise Roth droth@bw.edu. See you soon!

Sincerely,

Denise Roth
BW Cheerleading Coach

**If you cannot email the packet, please mail or deliver packet to:**
BW Cheerleading
Baldwin Wallace University
275 Eastland Rd
Berea, OH 44017-2088
Try-Out Packet
Checklist

____ Application
____ Waiver of Medical Liability (Bring signed copy to clinic or tryout)
____ Front and back photo copy of current insurance card
____ New Applicants only: 1 Letter of Recommendation preferably from a previous coach. (cannot be written by a relative)
____ Short Essay (instructions below)
____ Captain Application (only if this applies to you. Contact coach for details)

Other Important Information:
Baldwin Wallace
Spirit Program Try-Out Dates

Open Try-Outs

Saturday, April 29th 12pm:
• 12pm Interviews Begin
• Immediately following: tryout material taught, tumbling, jumps, tryout material in groups. stunts
• White athletic-fitting tshirt, tank top, or sports bra. Athletic shorts.
• Hair half up/half down. Bangs OUT of face.
• Fingernails trimmed to athletic length. If they are too long, you will not be permitted to tryout.
• Captains will be announced with the team. Captain applicants plan to stay later to go over responsibilities.

If selected as a member of the Baldwin Wallace Cheerleading Team, you will need to purchase your own practice uniforms and game day accessories (body suit, spankies, etc.). Baldwin Wallace also requires BW Sports Insurance. The Sports Insurance is not an out-of-pocket expense, but approximately $200 is applied to your student tuition if selected to be a member of the team.

Out-of-pocket cheerleading expenses (warm-ups and game day accessories) may be $250. Are you prepared to pay for those costs?
Baldwin Wallace
Cheerleading Program Application

Full Name: ___________________________________________  Student ID #: ____________

Home Address: ________________________________________

City: __________________________________ State: ________ Zip: ____________

Home Phone #: ____________________  Cell #: ____________  E-mail: ________________

Email Address: _______________________________________

Parents’ Name: (Mother) __________________________________ Occupation __________________

(Father) __________________________________ Occupation __________________

Year in college (2015-2016): ______  Projected Graduation Date (Month/Year): _________

GPA: ________ (Incoming freshmen use High School GPA)

Major: __________________________________

Activities you are involved with in college (incoming freshmen list planned activities in college):

Any honors/awards received in college (incoming freshmen list awards received in High School):

________________________________________________________________________________

On a separate sheet of paper, please write a short paragraph or two on the following topic:

New Applicants: Tell us a little about yourself and your cheerleading experiences. Be specific about what leadership roles you have taken. Why do you want to cheer at Baldwin Wallace?

Returning Applicants: You have been cheering for at least one year. What changes/improvements would you like for yourself and how would you make them? Why do you feel as though you are deserving of a spot on next year’s team? What do you feel you would bring to the team in a leadership role as a returning cheerleader? Please be specific.

Birth date: ____________  Age: ________  Ht: ______________  Wt: ____________

Sizes: Cheer Shoe: ______  T-Shirt: ________  Soffe Cheer Shorts: ______

Emergency Contact Information:

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<th>Primary (Parent/Guardian)</th>
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Application
Skills Checklist

Check next to the skills you have **mastered** (this means you can do it 10 out of 10 times)

**Tumbling**
- _____ Standing back hand-spring
- _____ Standing back tuck
- _____ Standing back hand-spring back tuck
- _____ Toe touch back tuck
- _____ Round-off back handspring
- _____ Round-off back handspring back tuck
- _____ Round-off back handspring layout
- _____ Round-off back handspring full

Any tumbling skills you have that are not listed above: _____________________________________________

__________________________________________________________________________________________

**Stunts & Baskets**

What is your primary stunting position?  
Base: _______  Flyer: _______  Back Spot: _______

Check next to the skills you have **mastered** (this means you can do it 10 out of 10 times)

- _____ Straight up extension
- _____ Liberty
- _____ Arabesque
- _____ Heel Stretch
- _____ Bow & Arrow
- _____ Scale
- _____ Scorpion
- _____ Toe touch basket toss
- _____ Back tuck basket toss
- _____ Kick full or kick double basket toss
- _____ Full cradles
- _____ Double full cradles

Any stunting skills you have that are not listed above:

__________________________________________________________________________________________

__________________________________________________________________________________________

**Cheerleading Background/Experience/Achievements:**

__________________________________________________________________________________________

__________________________________________________________________________________________

**Cheerleading or Sports Related Injuries:**

__________________________________________________________________________________________

__________________________________________________________________________________________

Feel free to contact me with any questions: droth@bw.edu
Baldwin Wallace
Spirit Program Waiver of Medical Liability

Date of birth____________________

1. I, ____________________________ will be participating in a walk on tryout with the Spirit Program.
   I presently have no injuries or illnesses that might prevent me from participating in the tryout.

   Participant Signature: ___________________________________________ Date

   Parent/Guardian Signature (If under 18)__________________________ Date

2. In the event of an injury occurring during the tryout, I will not hold BW responsible in any way.

   Participant Signature__________________________________________ Date

   Parent/Guardian Signature (If under 18)__________________________ Date

3. I have current medical insurance that will cover any costs incurred due to injury sustained during the tryout.

   Participant Signature__________________________________________ Date

   Parent/Guardian Signature (If under 18)__________________________ Date

   Insurance Company: ___________________________ Ins. Co. Phone #: ___________________________

   Policy #: ___________________________ Group #: ___________________________

*Please provide a front and back copy of insurance card*

Please Read Carefully
I have completed this application packet to the best of my ability. I understand that collegiate cheerleading involves elements of gymnastics and acro-sport activity, and thus involves the risk of personal injury. I am participating in these tryouts with this knowledge and do not hold Baldwin Wallace, the Athletics or the Recreation Department liable. If selected as a member of the BW Spirit Program, I will abide by this agreement in addition to the rules and regulations while at team functions including but not limited to try-outs, practices, camps, and games. I also understand that judging will partially be of subjective nature and that the final decision of choosing squad members rests with the coaches.

Signature of Applicant: ___________________________________________ Date: ___________________________