



A2BW - Associate to Bachelor's Program

AAS in Sport and Exercise Studies to BA in Exercise Science



Suggested Sequence at Tri-C

For the best A2BW fit, students should complete the following math course as part of the AAS degree prior to transferring: **MATH 1410 or 1530
 # These courses should be selected as part of the AAS: **BIO 1500, 2331, 2341, ENG 1020 and Honors options when available**

First Semester		Credits
BIO 1500#	Principles of Biology	4
ENG 1010	College Composition I	3
HLTH 1310 or EMT 1310	Cardio. Res./First Aid or Cardio. Res.	1
HLTH 1100	Personal Health Education	3
SES 1001	Intro to Sport and Exer. Studies	2
SES 1040	Teaching Exer. Training Tech.	3
		16

Second Semester		Credits
BIO 2331#	Anatomy and Physiology I	4
MATH 1410 or 1530	Ele. Prob/Stats I or Col Algebra	3-4
SES 1201	Fitness and Wellness Coaching	3
SES 2000	Essentials of Sport Injury Care	3
SES 2310	Adv. Training Concepts/Tech.	3
		16-17

Third Semester		Credits
BIO 2341#	Anatomy and Physiology II	4
ENG 1020#	College Composition II	3
PSY 1010	General Psychology	3
SES 2100	Sport and Exercise Physiology	3
SES 2410	Exercise Testing and Prescription	3
		16

Fourth Semester		Credits
DIET 1200	Basic Nutrition	3
SES 2130	Kinesiology	3
SES 2420	Adv. Exer. Testing & Prescription	3
SES 2320	Group Fitness Instructor (recommended)	3
SES 2840	Practicum – (capstone)	2
		14

Associate of Applied Science Degree Awarded Total hours: **60***
 *A maximum of 62 credits transfers to BW for your AAS degree.

Suggested Sequence at BW

Course sequence may change based on individual needs of the student, schedule type required, and completion of **BIO 2331 and 2341 and MATH 1410 or 1530** before transfer.

Fifth Semester		Credits
HPE 201	Orientation to HPE	1
HPE 202 or 205	Principles of Athletic Training or First Aid and Safety Education	2
HPE 209	Research Design & Stats in Sports Sci	3
HPE 211W	Nutrition for the Athlete	3
HPE 302	Physiology of Exercise	3
Minor	Minor coursework	3-4
		15-16

Sixth Semester		Credits
HPE 180	Intro to Exercise Science	3
HPE 202 or 205	Principles of Athletic Training or First Aid and Safety Education	2
HPE 235	Health Behavior Management	3
HPE 303	Health/Phys Fitness Assess Tech.	3
HPE 402	Kinesiology/Biomechanics	3
Minor	Minor coursework	3
		17

Seventh Semester		Credits
HPE 304	Health & Fitness Assess. Practicum	1
HPE 335	Fit/Health Promo Prog Mgmt/Leader	3
HPE 445	Theory/Practice of Strength & Cond.	3
Minor	Minor coursework	8-9
		15-16

Eighth Semester		Credits
HPE 423D	Exer Prescript. for Special Populations	3
HPE 470X	Internship (3 credits required)	3
Minor or ele	Minor or elective coursework	7-9
		13-15

Bachelor of Arts Degree Awarded Total hours at Tri-C/BW: **124**

BW's Experiential Learning is met through the internship in the Exercise Science major.

Additional information on back



A2BW - Associate to Bachelor's Program AAS to BA in Exercise Science



The A2BW program awards maximum credit for an associate degree from Cuyahoga Community College, streamlining completion of a bachelor's degree from Baldwin Wallace University. A maximum of 62 credits transfers to BW from Tri-C for your AAS degree, fulfilling most of the BW core requirements and guaranteeing junior status.

Disclaimer: Students should work with a BW academic advisor to identify a minor or second major, electives, and possible Experiential Learning options. A BW advisor also assists students with developing a graduation plan for **full or part time study**.

All students must complete:

- A minimum of 124 semester credits (combined Tri-C and BW)
- A minor or second major
- All residency requirements (45 credits for BW, plus major and minor residency)
- An Experiential Learning requirement (Ex: internship, field experience, study abroad, community service)

Students have the opportunity to attend both institutions at the same time through dual enrollment or cross registration.

Dual Enrollment

For more information about dual enrollment, visit: <https://www.bw.edu/undergraduate-admission/transfer/dual-admission/>

Or contact:

Joyce J. Cendroski
Director of First-Year Recruitment
Baldwin Wallace University
(440) 826-8004
jcendros@bw.edu

Patricia Sweeney
Counselor/Assistant Professor
Cuyahoga Community College
(216) 987-5159
patricia.sweeney@tri-c.edu

Learn More!

Talk with a BW Admission Counselor about the A2BW or for information about cross registration.

440-826-8012

admission@bw.edu

www.bw.edu/A2BW