Time-dependant effects of systemic muscimol on extinction (EXT) of a conditioned taste aversion (CTA) G. Andrew Mickley, Zana Hoxha, Stephanie Bacik. BALDWIN WALLACE COLLEGE Department of Psychology and the Neuroscience Program, Baldwin-Wallace College, Berea, OH 44017 USA.

Abstract

GABA (y-aminobutyric acid) receptor manipulation has been proposed as an important mediator of extinction (EXT). The current experiments paired 0.3% saccharin (SAC) with 81 mg/kg Lithium Chloride (LiCl; i.p.) to establish a strong CTA in adult, male Sprague-Dawley rats. During extinction, subsequent opportunities to drink SAC were either preceded, or followed, by an injection of the GABA agonist muscimol (1.0 mg/kg, i.p.). Muscimol given 0.75 hr after SAC exposure significantly impaired EXT learning in rats compared to rats that received muscimol 0.5 hr before SAC exposure. The days required to reach asymptotic EXT did not differ between rats that received muscimol before daily SAC drinking and those that received no muscimol. A second study tested the hypothesis that muscimol given after CS exposure can act as a US and cause a CTA. This experiment paired rat SAC drinking with muscimol (1.0 mg/kg, i.p.), instead of LiCl. Each subsequent exposure to SAC during the acquisition phase resulted in approximately the same consumption of SAC as on the first day of exposure. Thus, these rats neither developed a strong aversion nor did they overcome the initial neophobia (natural avoidance of a novel taste) and readily accept the SAC. These data suggest that the GABA agonist muscimol can impair EXT of a CTA but this phenomenon depends on the timing of the drug administration relative to CS re-exposures. The exact mechanism by which muscimol retards EXT is currently unknown. The drug may be, (a) acting as a weak US, (b) impairing sensory processing of the SAC taste, (c) blocking the taste memory itself, or (d) having direct effects on EXT memory formation. Continuing studies are addressing these possibilities.

Introduction

- Growing evidence suggests that extinction (EXT) is not an unlearning, or forgetting, of a conditioned response (for review, see Leslie, 2004).
- Rather, extinction may be the active *inhibition* of the initial conditioned response (Davis & Myers, 2002).
- Since γ -aminobutyric acid (GABA) is the primary inhibitory neurotransmitter in the brain, it is probable that it plays a major role in extinction (Davis & Myers, 2002).
- Extinction has been both attenuated and facilitated by GABA, manipulation (Harris & Westbrook, 1998a&b; McCabe et al., 2004; Stowell et al., 2000).
- McCabe et al. (2004) reported that later administration of the drug chlordiazepoxide (CDP, a benzodiazepine) facilitated extinction, but when the drug was given at the start of extinction trials, the effect was not immediately seen.
- Conditioned Taste Aversions (CTAs) may be acquired when an animal consumes a novel taste and then experiences the symptoms of poisoning (Garcia et al., 1955).
- The current studies investigate the effects of systemic muscimol (a GABA_A and GABA_C receptor agonist; Akirav et al., 2006) on extinction of a CTA.

Methods

Subjects: Male Sprague-Dawley rats

Drugs and Solutions:

- 0.3% Saccharin (SAC = conditioned stimulus; CS): Solution was made by mixing 3.0g of SAC in 1.0 L of DI water.
- 81 mg/kg (i.p.) Lithium Chloride (LiCl = Unconditioned Stimulus; US) solution was made by mixing 2.0mL of 0.9% physiological saline with 0.162 g LiCl.
- 1 mg/kg (i.p.) Muscimol solution was made by mixing 1mg muscimol in 1mL 0.9% physiological saline (Houston et al., 2002)).

Group Designations and Procedures:

Conditioned Taste Aversion (CTA) Procedure:

- CTA Groups:
- Three, alternate-day pairings of SAC+LiCl were followed by 30 minutes access to water (see Table 1).

O Groups: • CTA + EXT + SR

- CTA + (musc then SAC) EXT + SR
- CTA + EXT (SAC then musc) + SR
- Explicitly unpaired group: EU
- SAC & LiCl were unpaired to avoid the formation of a CTA • Rats received 30 minutes access to SAC followed 24 hours later by a LiCl injectior
- *Muscimol as US group:* **SAC + musc (US)**
- Rats were treated like the CTA groups except that 1 mg/kg muscimol (i.p.) substituted for the US

Extinction (EXT) Procedure:

- CTA + EXT + SR rats extinguished the CTA through daily 30-minute
- presentations of SAC followed by 30 minutes access to water. Extinction trials continued until SAC consumption reached 90% of baseline SAC consumption (asymptotic extinction).
- Baseline was computed by taking an average of familiar SAC drinking from similarly sized rats.

Table 1. Group Nomenclature and Experimental Design Crown Designation (N) Treatment Treatment Treatment Treatment Treatment Treatment

| Group Designation (N) | Treatment Day 1 | Treatment Day 2 | Treatment Day 3 | Treatment Day 4 | Treatment Day 5 | Treatment Day 6 | Timing of muscimol injection (i.p.;1mg/kg) | Liquid Consumed from Day 7 Until End of Extinction | Lie Co Da Ex Be Sp Re |
|---|--------------------|---|--------------------|---|--------------------|---|--|---|---|
| CTA + Extinction + Spontaneous Recovery (CTA + EXT + SR) N=13 | SAC + LiCl | 60 min access to water | SAC + LiCl | 60 min water | SAC + LiCl | 60 min water | N/A | SAC | W |
| Explicitly Unparied (EU) N=20 | SAC+H20 | LiCl & 60 min. access to water | SAC+H20 | LiCl & 60 min. access to water | SAC+H20 | LiCl & 60 min. access to water | N/A | Water | W |
| CTA + muscimol inj. after EXT trials + Spontaneous Recovery [CTA + SAC(musc) + SR] | SAC + LiCl | 60 min. access to water | SAC + LiCl | 60 min. access to water | SAC + LiCl | 60 min. access to water | 0.75 hrs after SAC exposure during extinction trials | SAC | Wa |
| N=9 | | | | | | | | | |
| CTA + muscimol inj. before EXT trails + Spontaneous Recovery [CTA + (musc) SAC + SR] N=7 | SAC + LiCl | 60 min. access to water | SAC + LiCl | 60 min. access to water | SAC + LiCl | 60 min. access to water | 0.5 hrs before SAC exposure during extinction trials | SAC | Wa |
| SAC (CS) paired with muscimol (US) [SAC + musc(US) + SR] | SAC + musc | 60 min. access to water | SAC + musc | 60 min. access to water | SAC + musc | 60 min. access to water | N/A | N/A | N/A |

- CTA + (musc then SAC) EXT + SR rats were extinguished as described above but received a daily muscimol (1mg/kg; i.p.) injection 0.5 hr before each SAC exposure
- CTA + EXT (SAC then musc) + SR rats were extinguished as described above but received a daily muscimol (1mg/kg; i.p.) injection 0.75 hr after each SAC exposure
- Muscimol injections lasted 18 days, but extinction trials continued until animals reached asymptotic extinction (i.e., 90% baseline SAC consumption)

Spontaneous Recovery (SR) Procedure:

- The following groups received one hour access to water for 30 days after
 - asymptotic extinction. \circ CTA + EXT +SR,
 - \circ CTA + (musc then SAC) EXT + SR
 - \circ CTA + EXT (SAC then musc) + SR
- On the 30th day, SR was assessed by allowing 30 minutes access to SAC and measuring the amount consumed.



Results

Conditioned Taste Aversion (CTA) Acquisition



Figure 1. Saccharin drinking decreased significantly in the groups [CTA+EXT+SR, CTA+(musc then SAC)EXT+SR, and CTA+EXT(SAC then musc)+SR1 that had 3. SAC+LiCl pairings -indicating that these rats acquired a CTA. In the Explicitly Unpaired group (EU-EXT) saccharin drinking increased over the course of the 3 trials indicating that these animals did not acquire a CTA.

A repeated measure ANOVA [Treatment (CTA or EU) X Trial] revealed a significant interaction between Treatment and Trial [F (3,42) = 7.182, p < 0.05]. At the start of the study, all rats exhibited similar (low) levels of SAC consumption (neophobia). These data represent a decline in SAC drinking in rats that received SAC+LiCl pairings and a reliable rise in SAC drinking in the EU animals.

* = significantly different (p < 0.05) from all CTA treatment



GABA receptor stimulation with muscimol alters the time course of CTA extinction

Figure 2. The number of days to achieve asymptotic CTA extinction was significantly reduced in rats that received a muscimol injection *before* daily SAC exposures [CTA+(musc then SAC)EXT+SR] as compared to rats that received the muscimol *after* tasting SAC [CTA+EXT(SAC then musc)+SR].

One-Way ANOVA [Treatment x EXT Days] revealed a significant treatment effect F (2,28) = 4.698, p < 0.001.

* = Significantly different from CTA+EXT (SAC then musc)+SR.

Extinction times for rats in the CTA +EXT+SR group were moderate and not significantly different from either of the muscimol-treated groups.

GABA receptor stimulation with muscimol alters the Saccharin consumed per day during CTA extinction



Figure 3. During extinction, daily consumption of SAC was significantly lower in the rats that had SAC before muscimol treatment [CTA+EXT (SAC then musc)+SR] as compared to the rats that drank SAC after the muscimol [CTA+(musc then **SAC**) **EXT+SR**] [t (14) =-2.75, p < 0.05]. Daily SAC drinking of rats in the CTA +EXT+SR group were moderate and not significantly different from either of the muscimol-treated groups.

* = Significantly different from CTA+(musc then SAC)+EXT+SR.

Results **Rats given muscimol before daily SAC exposure exhibited accelerated extinction of a CTA.** Saccharin (SAC) Consumtion During EXT Figure 4. Over the course of the first 7 non-reinforced SAC exposures, rats in CTA+EXT (musc then SAC)+SR group re-accept saccharin significantly faster than CTA+EXT+(SAC ---- CTA+(musc then SAC)EXT+SR then musc)+SR animals indicating an accelerated EXT [F (2,28) = 3.438, p< .05]. 0 1 2 3 4 5 6 7 8 EXT Days

Muscimol (1.0 mg/kg, i.p.) does not act as an Unconditioned Stimulus and produce a CTA



Figure 5. When super-imposed over the CTA acquisition data from Figure 1, it becomes apparent that using 1.0 mg/kg of muscimol (i.p.) [SAC+Musc(US) group] is ineffective in producing a CTA.

A repeated measure ANOVA [Treatment (CTA or EU) X Trial] revealed a significant Treatment X Trial interaction [F (4,44) = 6.337, p < 0.05]. The rats that received muscimol as a US (instead of the LiCl) consumed significantly less SAC than EU rats [F (4, 58) = 88.951, p < 0.05] but significantly more SAC than rats treated with LiCl (as a US) [F(4, 58) = 59.501]. p < 0.05].

* = significantly different (p < 0.05) from CTA and EU groups.

Muscimol (1.0 mg/kg, i.p.) administered during extinction of a CTA does not significantly change spontaneous recovery of the aversion



Figure 6. During the spontaneous recovery test, SAC consumption decreased significantly [F(1,24) = 33.45,p < 0.001] (indicating a SR of the CTA). However there were not statistically significant differences between the rats that had received Muscimol during and EXT and those that had not received the drug.



Summary and Conclusions

- The GABA agonist muscimol can impair extinction of a CTA.
- This phenomenon depends on the timing of the drug administration relative to CS re-exposures (see also Akirav, In Press).
- The data are not consistent with the explanation that muscimol is merely acting as a US (also see Houston et al., 2002).
- Muscimol given during extinction does not reliably alter SR of the CTA.
- The exact mechanism by which muscimol retards EXT is currently unknown.
- GABA receptor blockade may:
- O Impair sensory processing of the SAC taste
- O Block the taste memory itself
- O Alter EXT memory formation

Acknowledgements

The authors wish to thank the following students and other collaborators who contributed to these studies: Haley Bartholomew, Jaclyn Biada, Sarah Clark, Anthony Disorbo, Sara Gombash, Jenna Hardwick, Lorena Kanto, Bruce Kinley, Cliff Raymond, and Gina Wilson. The studies were supported by NIMH Award 1-R15-MH63720-02.

References

- Akirav I, Raizel H, Maroun M. Enhancement of conditioned fear extinction by infusion of the GABA agonist muscimol into the rat prefrontal cortex and amygdala. *European Journal of Neuroscience*, 23(3) (2006) 758-64.
- Akirav I. NMDA Partial Agonist Reverses Blocking of Extinction of Aversive Memory by GABA(A) Agonist in the Amygdala. *Neuropsychopharmacology*. (2006) In Press.
- Davis M. & Myers K.M. The Role of Glutamate and Gamma-Aminobutyric Acid in Fear Extinction: Clinical Implications for Exposure Therapy. Biological Psychiatry, 52 (2002) 998-1007.
- Garcia, J., Kimeldorf, D.J., & Knelling, R.A., Conditioned aversion to saccharin resulting from exposure to gamma radiation. Science, 122 (1955) 157-158.
- Harris, J. A. & Westbrook, R. F. Benzodiazepineinduced amnesia in rats: Reinstatement of conditioned performance by noxious stimulation on test. *Behavioral Neuroscience*, 112 (1998a) 183-192.

- Harris, J. A. & Westbrook, R. F. Evidence that GABA transmission mediates context-specific extinction of learned fear. *Psychopharmacology*, 140 (1998b) 105-115.
- Houston, A.J. & Wong, J.C.L., & Ebenezer, I.S. Effects of subcutaneous administration of the γ -aminobutyric acid_A receptor agonist muscimol on water intake in water-deprived rats. *Physiology* and Behavior, 77 (2002) 445-450.
- Leslie, J. C., Shaw, D., McCabe, C., Reynolds, D. S. & Dawson, G. R. Effects of drugs that potentiate GABA on extinction of positively-reinforced operant behavior. *Neuorscience and Biobehavioral* Reviews, 28 (2004) 229-238.
- McCabe, C., Shaw, D., Atack, J. R., Street, L. J., Wafford, K. A., Dawson, G. R., Reynolds, D. S. & Leslie, J. C. Subtype-selective GABAergic drugs facilitate extinction of mouse operant behavior. Neuropharmacology, 46 (2004) 171-178.
- Stowell, J. R., Berntson, G. G. & Sarter, M. Attenuation of the bidirectional effects of chlordiazepoxide and FG 7142 on conditioned response suppression and associated cardiovascular reactivity by loss of cortical cholinergic inputs. Psychopharmacology, 150 (2000) 149-141.