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For Immediate Release

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## ***OAC Announces 2009 Women's Basketball Special Awards and All-Conference Teams***

**Austintown, OH** – Muskingum Head Coach **Beth Fox** has been named the 2009 Ohio Athletic Conference (OAC) *Coach-of-the-Year*. Muskingum senior post **Jessica McKenzie** was selected as the 2009 *Helen Ludwig Player-of-the-Year* and Ohio Northern freshman forward **Kara Dysert** was voted the 2009 *OAC Freshman-of-the-Year*. Each of these awards is voted on by the OAC women's basketball coaches.



Muskingum Head Coach **Beth Fox** has been named the 2009 OAC Women's Basketball Coach-of-the-Year for the first time in her five-year career. The Muskies finished the regular-season with a 12-6 OAC record to enter the Conference Tournament at the number three seed. Muskingum finished the season in ninth place with a 3-15 OAC record just a year ago.

The Muskies currently sit among the top-five in the Conference in scoring defense (4<sup>th</sup>/63.1), scoring margin (5<sup>th</sup>/+3.6), free-throw percentage (4<sup>th</sup>/.719), steals (2<sup>nd</sup>/10.78), offensive rebounds (2<sup>nd</sup>/14.15) and turnover margin (3<sup>rd</sup>/+1.50).



Muskingum senior post **Jessica McKenzie (Hopewell/W. Muskingum)** is the recipient of the 2009 *OAC Helen Ludwig Award*. The award is presented to the most outstanding player in the Conference. This season, McKenzie led the Muskies to the OAC Tournament semifinals.

McKenzie is currently among the League's top-10 in scoring (3<sup>rd</sup>/ 18.6), rebounds (1<sup>st</sup>/11.2), field-goal percent (.1<sup>st</sup>/.547) and steals (10<sup>th</sup>/1.52).

The OAC Player-of-the-Year is named in honor of Helen Ludwig, who was an administrator of women's sports at Ohio Northern from 1963-94 and was first presented in 1989.



Ohio Northern freshman forward **Kara Dysert (Ada)** is the recipient of the 2009 *OAC Freshman-of-the-Year* award. Dysert averaged an impressive 28.7 minutes, 11.4 points and 7.4 rebounds-per-game this season. Dysert is also among the League's top-10 in rebounds (6<sup>th</sup>/7.4) and defensive rebounds (8<sup>th</sup>/4.48).

**-Continued-**



## 2009 Women's Basketball All-OAC Teams



### First Team

Name, School	Yr.	Pos.	Hometown, High School
Jessica McKenzie, Muskingum +!	Sr.	P	Hopewell/W. Muskingum
Daniele Sanna, Capital	Sr.	F	Pickerington/North
Kortney Kin, Wilmington ^	Jr.	P	Upper Sandusky/Riverdale
Kristen Richardson, Capital #	Jr.	G	Oxford/Talawanda
Amanda Schroeder, Baldwin-Wallace	So.	G/F	Columbus Grove
Laura Roth, Otterbein \$+!	Sr.	G	Cincinnati/Mother of Mercy
Tiffany Youel, Muskingum	Sr.	G	Byesville/Meadowbrook

### Second Team

Name, School	Yr.	Pos.	Hometown, High School
Lee Jennings, John Carroll #	So.	G/F	Stow
Tessa Pohovey, Mount Union	Jr.	G	Strasburg/Tusky Valley
Jessica Butzer, Baldwin-Wallace	Sr.	PG	Orrville
Caitlin Elsass, Capital +#	Sr.	F	Batavia/Clermont Northeastern
Alisha Rinehart, Ohio Northern	Sr.	G	Lima/Perry

### Honorable Mention

Name, School	Yr.	Pos.	Hometown, High School
Rachael Price, John Carroll ^	Sr.	G	Johnstown, PA/Bishop McCort
Amanda Carraher, Marietta	Sr.	W	Hilliard/Hilliard Davidson
Marianne McGoron, Wilmington ^	Jr.	G	Hamilton/Fenwick
Katy Miller, Otterbein	Jr.	F/G	Delaware/Rutherford B. Hayes
Caitlin Sureck, John Carroll	Jr.	F	Medina/Walsh Jesuit
Kori Wiedt, Mount Union	G	Fr.	North Olmsted
Kara Dysert, Ohio Northern	Fr.	F	Ada
Ariel Brough, Baldwin-Wallace	Jr.	C	Powell/Olentangy Liberty
Brittany Skolnicki, Heidelberg	Sr.	G	Lorain/Clearview

#### KEY:

2008 First Team !...2008 Second Team # ...2008 Honorable Mention ^  
 2007 First Team +...2007 Second Team \*...2007 Honorable Mention =  
 2006 First Team %...2006 Second Team @...2006 Honorable Mention \$