

Athletic Training and Exercise Science Double Major

Proposed schedule provides a suggested template for the major course requirements and suggested electives

Semester 1 (Fall)

BIO 203L	Human Anatomy & Physiology I	4 credits
PSY 110	Principles of Psychology	4 credit
HPE 202	Athletic Training I	3 credits

Semester 2 (Spring)

BIO 204L	Human Anatomy & Physiology II	3 credits
HPE 205	First Aid and Safety	2 credits
HPE 206	Medical Terminology	2 credits
PSY 205	Developmental Psychology (Recommended Course)	3 credits

Semester 3 (Fall)

HPE 201	Orientation to HPE	1 credit
HPE 281	Practicum in Athletic Training I	1 credit
HPE 305/307	Athletic Training II/Athletic Training III	3 credits
HPE 306 & 306L	Therapeutic Modalities & Therapeutic Modalities Lab	4 credits

Semester 4 (Spring)

HPE 208	Emergency Care Techniques for AT (alt years)	1 credit
HPE 209	Research Design and Statistics	3 credits
HPE 211W	Nutrition for the Athlete	3 credits
HPE 245	Health Behavior Management	2 credits
HPE 282	Practicum in Athletic Training II	1 credit

Semester 5 (Fall)

HPE 303	Health / Physical Fitness Assessment	2 credits
HPE 305/307	Athletic Training II/Athletic Training III	3 credits
HPE 345	Health and Fitness Program Mgmt and Leadership	3 credits
HPE 381	Practicum in Athletic Training III	1 credit

Semester 6 (Spring)

HPE 208	Emergency Care Techniques for AT (alt years)	1 credit
HPE 302	Exercise Physiology	3 credits
HPE 308	Athletic Training Administration (even years)	3 credits
HPE 309	Therapeutic Exercise (odd years)	3 credits
HPE 352	Motor Learning	3 credits
HPE 382	Practicum in Athletic Training IV	1 credit

Semester 7 (Fall)

HPE 445	Theory and Practice of Strength and Conditioning	3 credits
HPE 451	Kinesiology	3 credits
HPE 070	Internship in Athletic Training	4 credit
HPE 481	Practicum in Athletic Training V	1 credit

Semester 8 (Spring)

HPE 308	Athletic Training Administration (even years)	3 credits
HPE 309	Therapeutic Exercise (odd years)	3 credits
HPE 423D	Exercise Prescription for Special Populations	3 credits
HPE 482	Practicum in Athletic Training VI	1 credit