

Music Therapy

Faculty

Lalene Dyshere Kay, MT-BC

Director of the Cleveland Music Therapy Consortium

M.M., Michigan State University

B.M., Ohio University

lkay@bw.edu

Dr. Kaja Jensen, MT-BC

Music Therapy Practicum Instructor and Supervisor

Ph.D., University of Miami-Coral Gables

M.M., University of Miami

B.M.E., University of Kansas

kjensen@bw.edu

Cleveland Student Music

Therapists, CSMT. This active organization is for music therapy students at Baldwin-Wallace College. For the national organization, visit the American Music Therapy Association, www.musictherapy.org

Music Therapy is an established health profession in which music is used within a therapeutic relationship to address the physical, emotional, cognitive, and social needs of individuals. Specific goals and objectives are identified after assessing the clients' strengths and needs, and music is used as the therapeutic tool with which to achieve these goals.

Some clinical goals with related therapeutic interventions include: Increasing memory and cognitive awareness through the retention of rhythmic patterns and song melodies,

- Increasing social skills through participation in drum circles, hand chime choirs, and other group musical ensembles,
- Encouraging the expression of emotions through lyric analysis, song writing, instrumental composition, and improvisation,
- Increasing gross motor abilities through movement to music,
- Increasing fine motor movement through playing hand-held or finger-manipulated instruments, and
- Increasing communication through voiced singing, signed songs, and musical improvisation

About the Program

Music therapists assist people of all ages who require special services due to learning, behavioral, emotional or physical challenges, and B-W's program conforms to guidelines set by the American Music Therapy Association. A six-month internship in an AMTA-approved facility is required for this major upon completion of course work and mandated practica and prior to graduation. After conferral of the degree and successful completion of the national certification exam for music therapists, the credentials MT-BC (Music Therapist-Board Certified) is assigned and may be used.

Baldwin-Wallace College Conservatory of Music, Cleveland State University and the College of Wooster (in Wooster, OH) make up the Cleveland Music Therapy Consortium. This association was initiated in 1976 through a grant from The Cleveland Foundation; The Consortium schools offered the first music therapy degree programs in Northeastern Ohio and the first in the nation involving a cooperative arrangement among educational institutions.

Music therapy students benefit from the proximity to Cleveland and its nationally-known medical facilities and music therapy professionals. Three semesters of practicum experience mean that students are working one-on-one with practicing music therapists to gain direct experience. Students with an undergraduate degree in music may inquire about the equivalency program.

Music Therapy

Required Music Courses

Performance Attendance (6 semesters)	0 credit
Departmental Recital (8 semesters)	0 credit
Primary Instrument (8 semesters)	24 credits
Secondary Instrument	4 credits
Ensemble	6 credits
Harmony 1, 2, 3, 4	2, 2, 2, 2 credits
Solfège/Eurhythmics 1, 2	2, 2 credits
Solfège 3, 4	2, 2 credits
Form & Analysis 1	2 credits
Arranging OR Creating Music (choose one)	1 credit
Listening to Musics of the World	2 credits
Music History & Literature 1, 2, 3	3, 3, 3 credits
Introduction to Conducting	2 credits
Percussion Class	1 credit
Guitar Class	1 credit
Voice Class 1 (instrumentalists only)	1 credit
Phonetics 1 (vocalists only)	1 credit
Group Vocal Techniques	1 credit
Introduction to Music Therapy	2 credits
Recreational Music: Programming and Leadership	2 credits
Research Seminar in Music Therapy	2 credits
Music Therapy Practicum	3 credits
Music Therapy in Psychiatry and Rehabilitation	3 credits
Music Therapy with the Developmentally Disabled	3 credits
Program Development and Administration in Music Therapy	2 credits
Psychology of Music	2 credits
Internship	1 credit

Required Liberal Arts Courses

Workshop in Exposition and Argument	3 credits
Applied College Mathematics	3 credits
Enduring Questions in an Intercultural World	3 credits
Health and Physical Education	2 credits
Principles of Psychology	4 credits
Elements of Statistics	4 credits
Abnormal Psychology	4 credits
Principles of Sociology	4 credits
Human Anatomy and Physiology 1	4 credits
Education of Children with Special Needs	2 credits
Liberal Arts and Sciences Electives	6 credits

What Can You Do With a Music Therapy Degree?

Upon graduation and the successful completion of the required six-month internship, music therapy degree graduates are eligible to sit for the Board Certification Exam. Once board certified, music therapists can work in a variety of clinical and independent settings including hospitals, nursing homes, MR/DD group homes, rehabilitation centers, public schools, psychiatric institutions, and hospices. ***Baldwin-Wallace music therapy graduates enjoy a 100% job placement rate.***