

# Baldwin Wallace Cheerleading



2018-2019

# **Join us for pre-tryout stunt and cheer clinics:**

**Monday 7/16 – 5 -7 pm**

**Wednesday 7/18 – 5 - 7 pm**

**Friday 7/20 – 5 - 7 pm**

**(Tryouts scheduled for Monday 7/23– 5-7pm**

**Clinics and tryouts will be held at:**

**Lou Higgins Center**

**136 E. Bagley Rd.**

**Berea, OH 44017**

Dear Candidate,

Thank you for your interest in becoming a part of the Baldwin Wallace University Cheerleading Program! I look forward to meeting and working with each and every one of you to have a phenomenal season on and off the field! I am a BW alum myself and enjoyed my time on this team so much and I hope to instill the same love, passion, and values as my past coaches instilled in me. We are going to have a lot of fun too, I promise.

Logistic-wise, during football season our performances include all home football games and we will travel to John Carroll and/or Mount Union if the game is away. There is always a potential for post-season playoffs so be sure to review the football game schedule in advance! We will support our Yellow Jackets at all playoff games.

Upon making the team, you will be required to participate in a workout program, a few fundraisers and a skills camp in preparation for the upcoming season. Throughout football season, you will be required to attend weekly practices in the evenings and organized workouts.

Basketball season performances include all men's basketball games played at home and some women's basketball games when special events are scheduled (with the potential for post-season playoffs). Weekday basketball games take place (mostly) on Wednesday nights. Do not schedule Wednesday night class during the Spring semester unless you are a graduating senior and that class is required for you to graduate.

Contact the coach if you have specific questions or concerns regarding practice and game schedules. In addition to regular season responsibilities, the squad may participate in a variety of activities including community service and fundraisers throughout the year. As a member of the Cheerleading Program for BW one must be dedicated, determined and prepared to work to their full potential at ALL times. Registration forms will be available when you arrive on the day of tryouts but you are welcome to fill them out in advance and bring your completed forms with you in order to speed up the process.

Do not submit your waiver of liability electronically. This form must have a hand written signature and must be brought with you and turned in upon your arrival. If you are under the age of 18 prior to the tryout date, you must have a legal guardian sign on your behalf to be able to audition for the team.

If there is any additional documentation that is needed, you will be notified. I look forward to working with you during try-outs and hopefully the upcoming season.

If you have any questions, please feel free to contact Nicole DeAnna at [ndeanna11@mail.bw.edu](mailto:ndeanna11@mail.bw.edu) or 440-213-2002

Looking forward to meeting all of you!

## Try-Out Packet Checklist

- \_\_\_ Application and Skills Checklist
- \_\_\_ Health Information Form
- \_\_\_ Front and back photo copy of current insurance card
- \_\_\_ Waiver Form
- \_\_\_ Captain Application (only if this applies to you. Contact coach for details)

Other Important Information:

Open Try-Outs:

- White athletic-fitting t-shirt, tank top, or sports bra. Athletic shorts.
- Hair half up/half down. Bangs OUT of face.
- Fingernails trimmed to athletic length. If they are too long, you will not be permitted to tryout.
- No jewelry is permitted

Try-outs will consist of the following:

- Registration / Sign-in

- Interviews
- Warm-Up, Team Stretch, Jumps, and Tumbling
- Fight Song
- Football Chants
- Stunting Basics
- Scored Audition at the end of each day: Small groups will perform fight song and chants
- Try-out eliminations MAY or MAY NOT be made at the end of each day.

An email will be sent to all participants stating which tryout numbers have passed each round of auditions.

If selected as a member of the Baldwin Wallace Cheerleading Team, you will need to purchase your own practice uniforms and game day accessories (body suit, spankies, etc.). Baldwin Wallace also requires BWSports Insurance. The Sports Insurance is not an out-of-pocket expense, but approximately \$200 is applied to your student tuition if selected to be a member of the team. Out-of-pocket cheerleading expenses (warm-ups and game day accessories) may be \$250. Are you prepared to pay for those costs?

## Baldwin Wallace Cheerleading Program Application

Full Name: \_\_\_\_\_ Student ID #: \_\_\_\_\_

Home Address: \_\_\_\_\_

### Application

#### Skills Checklist

Check next to the skills you have mastered (this means you can do it 10 out of 10 times)

#### Tumbling

- Standing back hand-spring
- Standing back tuck
- Standing back hand-spring back tuck
- Toe touch back tuck
- Round-off back handspring
- Round-off back handspring back tuck
- Round-off back handspring layout
- Round-off back handspring full

Any tumbling skills you have that are not listed above:

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## Stunts & Baskets

What is your primary stunting position? Base: \_\_\_\_\_ Flyer: \_\_\_\_\_ Back Spot: \_\_\_\_\_

Check next to the skills you have mastered (this means you can do it 10 out of 10 times)

- Straight up extension
- Liberty
- Arabesque
- Heel Stretch
- Bow & Arrow
- Scale
- Scorpion
- Toe touch basket toss
- Back tuck basket toss
- Kick full or kick double basket toss
- Full cradles
- Double full cradles

## Please Read **Carefully**

I have completed this application packet to the best of my ability. I understand that collegiate cheerleading involves elements of gymnastics and acro-sport activity, and thus involves the risk of personal injury. I am participating in these tryouts with this knowledge and do not hold Baldwin Wallace, the Athletics or the Recreation Department liable. If selected as a member of the BW Spirit Program, I will abide by this agreement in addition to the rules and regulations while at team functions including but not limited to try-outs, practices, camps, and games. I also understand that judging will partially be of subjective nature and that the final decision of choosing squad members rests with the coaches.

I have current medical insurance that will cover any costs incurred due to injury sustained during the tryout.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature (if minor) \_\_\_\_\_ Date \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Ins. Co. Phone # \_\_\_\_\_

Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

\*Please provide a front and back copy of insurance card\*

Emergency Contact Information:

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone #: \_\_\_\_\_

Work Phone #: \_\_\_\_\_

Cell Phone#: \_\_\_\_\_

Relationship: \_\_\_\_\_